SOUTH ISLAND LONG COURSE EVENT SCHEDULE



Day 1 - Heats Warm up from 8:00am Racing starts at 8:45am			Day 2 - Heats Warm up from 8:00am Racing starts at 8:45am			Day 3 - Heats Warm up from 8:00am Racing starts at 8:45am		
1	200m Individual Medley	М	17	1500m Freestyle (TF)	М	32	50m Freestyle	F
2	200m Individual Medley	F	18	400m Individual Medley	F	33	50m Freestyle	М
3	400m Freestyle	М	19	50m Butterfly	М	34	200m Breaststroke	F
4	400m Freestyle	F	20	50m Butterfly	F	35	200m Breaststroke	М
5	100m Backstroke	М	21	200m Backstroke	М	36	800m Freestyle (TF)	М
6	100m Backstroke	F	22	200m Backstroke	F	37	100m Butterfly	F
7	50m Breaststroke	М	23	1500m Freestyle (TF)	F	38	100m Butterfly	М
8	50m Breaststroke	F	24	100m Breaststroke	М	39	50m Backstroke	F
9	200m Butterfly	М	25	100m Breaststroke	F	40	50m Backstroke	М
10	200m Butterfly	F	26	200m Freestyle	М	41	800m Freestyle (TF)	F
11	100m Freestyle	М	27	200m Freestyle	F	42	400m Individual Medley	М
12	100m Freestyle	F						
Day 1 – Finals Warm up from 3:00pm			Day 2 – Finals Warm up from 3:00pm			Day 3 – Finals Warm up from 2:00pm		
	Racing starts at 3:45pm	n		Racing starts at 3:45pm			Racing starts at 2:45pn	n
1	200m Individual Medley	М	17	1500m Free (TF)	М	32	50m Freestyle	F
2	200m Individual Medley	F	18	400m Individual Medley	F	33	50m Freestyle	М
3	400m Freestyle	М	19	50m Butterfly	М	204	50m Freestyle	PAR
4	400m Freestyle	F	20	50m Butterfly	F	34	200m Breaststroke	F
201	100m Backstroke	PAR	21	200m Backstroke	М	35	200m Breaststroke	М
5	100m Backstroke	М	22	200m Backstroke	F	36	800m Freestyle (FTF)	М
6	100m Backstroke	F	23	1500m Freestyle (FTF)	F	37	100m Butterfly	F
7	50m Breaststroke	М	203	100m Breaststroke	PAR	38	100m Butterfly	М
8	50m Breaststroke	F	24	100m Breaststroke	М	39	50m Backstroke	F
9	200m Butterfly	М	25	100m Breaststroke	F	40	50m Backstroke	М
10	200m Butterfly	F	26	200m Freestyle	М	205	50m Backstroke	PAR
202	100m Freestyle	PAR	27	200m Freestyle	F	41	800m Freestyle (FTF)	F
11	100m Freestyle	М	28	15&U 200m Mystery Medley	М	42	400m Individual Medley	М
12	100m Freestyle	F	29	15&U 200m Mystery Medley	F	43	15&U Adam & Eve Relay	
13	15&U Medley Skins	М	30	16&O 200m Mystery Medley	М	44	16&O Adam & Eve Relay	
14	15&U Medley Skins	F	31	16&O 200m Mystery Medley	F			
15	16&0 Medley Skins	М						
16	16&0 Medley Skins	F						